

# Radical Resilience

## *Building Personal and Team Resilience*

### Overview

*“Radical Resilience involves the courage to challenge, commit and contribute in ways that positively impact both today and tomorrow. We can’t just afford to “bounce back” from challenge anymore. We need to grow through change as a real opportunity, not go back to how things were.”*

Today’s public sector manager exists in a perfect storm of change. Increasing demand for true governance and transparency, crisis management in a world of social media, global geopolitical unrest, a changing workforce, relentless change and accelerating technology. Managers once valued for overseeing steady, slowly-evolving corporate bureaucracies are now faced with increasingly irrelevance in a globally connected marketplace characterised by rapid change. Reinvention in the face of fast continuous change and complexity requires a different breed of manager – a self-aware, skilled communicator with high EQ, who can cut through to core issues, frame strategy intelligently, and then ask the right questions.

### Competency Framework:

First Line Manager Common  
(ASO3-ASO5)  
Middle Manager Core  
(ASO6 - ASO8)

### Facilitator:

Sam Young

### Duration:

1 half day  
9:00am – 12:30pm  
(8:45am registration)

### Dates:

[26 September 2018](#)

### Location:

Level 6, 12 Pirie Street  
Adelaide SA 5000

### Inclusions:

Comprehensive workbook, morning tea and refreshments.

### Cost:

Professional Member: \$260  
State Gov. Member: \$295  
Corporate Member: \$305  
Non-Member: \$325

### Contact:

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### Content

This workshop is ideal for Public Sector Managers and aspiring Managers who want to lead change masterfully, build a resilient team and organisation, enhance workplace cultures and learn how to do more than just survive-to thrive. 21<sup>st</sup> Century Leaders will need to respond to changing times with a changing mindset, which enables work environments where talented teams, not just individuals can flourish. We call this ‘Radical Resilience’.

### Outcomes

By the end of this course you will better understand:

- Employee engagement and the neurobiology of engagement
- Head Heart Hands Leadership
- Change ready culture – removing resistance points
- Resilient workplaces and people - strategies for building radical resilience at organisational, team and individual levels
- Leadership and Energy Management
- Personal Agency and leadership values

### Who should attend?

Managers and aspiring managers seeking better employee engagement and resilience.

### Benefits to you and your organisation

- Understand the role of the leader in developing employee engagement, fostering resilience and mastering change.
- Feel more confident to manage change initiatives with employee buy-in and remove resistance points.
- Develop practical strategies to build resilience (organisational, team and individual), employee engagement, positive culture and shared team values.
- Formulate an Individual Action Plan for mastering stress.
- Increased productivity, employee retention and innovation.
- ROI (Return On Investment) estimated at \$2.30 for every \$1 invested in organisational wellbeing initiatives (Beyond Blue).
- Improved morale and resilience and enhanced capacity to deal with rapid change.